Muscles of the Head and Neck region

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Muscles	(Innervation)	Origin = O:	Insertion = I:	Action
Movements related to facial expression:				
Epicranius				
Frontalis		**O** Epicranial aponeurosis		Draws scalp anteriorly, raises eyebrows, and wrinkles skin of forehead horizontally.
	(Facial Nerve)	**I** Skin of Supraorbital margin		
Occipitalis		**O** Occipital bone and mastoid process		Draws scalp posteriorly.
		I Epicranial aponeurosis		
Orbicularis oris				Closes and protrudes lips (kissing), compresses lips against teeth, and shapes lips during speech.
Zygomaticus major	(Facial Nerve)	**O** Zygomatic bone		Draws angle of mouth superiorly and laterally, as in smiling or laughing.
		I Fascia of the orbicularis oris		
Levator labii superioris				Elevates upper lip.
Depressor labii inferioris				Drepresses lower lip.
Buccinator	(Facial Nerve)	**O** Alveolar processes of the maxilla mandible and pterygomandibular raphe		Presses cheeks against teeth and lips, as in whistling, blowing and sucking; draws corner of mouth laterally; assists in mastication by keeping food between the teeth and not between teeth and cheeks.
		I Fascia of orbicularis oris		
Mentalis	(Facial Nerve)			Elevates and protrudes lower lip and pulls skin of chin up, as in pouting.
Platysma	(Facial Nerve)	**O** Fascia over deltoid and pectoralis major		Pulls lower lips inferiorly and posteriorly as in pouting; depresses mandible.
		I Mandible, muscles of the anlge of the mouth		
Risorius	(Facial Nerve)	**O** Fasica over parotid gland		Draws angle of mouth laterally.
		I Deep fascia of skin at angle of the mouth		
Orbicularis oculi				Closes the eye.
Movement of mandible, tongue and pharynx:				
Masseter	(Trigeminal Nerve Mandibular branch)	**O:** Maxilla and zygomatic arch.		Elevates mandible, as in closing mouth, and retracts (draws back) mandible.
		I: Angle and ramus of mandible.		
Temporalis	(Trigeminal Nerve Mandibular branch)	**O:** Temporal and frontal bones.		Elevates and retracts mandible.
		I: Coronoid process and ramus of mandible.		
Medial pterygoid	(Trigeminal Nerve Mandibular branch)	**O:** Medial pterygoid process		Elevates and protracts (protrudes) and moves mandible from side to side.
		I: Angle and medial surface of the ramus		

Lateral pterygoid	(Trigeminal Nerve Mandibular branch)	**O:** **I:**	Lateral pterygoid and greater wing Condyle or head of mandible at TMJ	Protracts mandible, depresses mandible as in opening mouth, and moves mandible from side to side.

Movement of mandible, tongue and pharynx:

Genioglossus	(Hypoglossal)	**O:** **I:**	Mandible Under surface of tongue and hyoid bone.	Depresses tongue and thrusts it anteriorly (protraction).
Styloglossus	(Hypoglossal)	**O:** **I:**	Styloid precoess tongue	Elevates tongue and draws it posteriorly (retraction).
Stylohyoid	(Hypoglossal)	**O:** **I:**	Styloid process on temporal bone. Body of hyoid bone.	Elevates the hyoid bone and draws it posteriorly.
Hyoglossus	(Hypoglossal)	**O:** **I:**	Greater horn and body of hyoid slide of tongue	Depresses tongue.
Digastric Anterior belly Posterior belly	 (Trigeminal Nerve Mandibular branch) (Facial Nerve)	**O:** **I:**	Anterior belly from inner side of inferior border of mandible; posterior belly from mastoid process of temporal bone. Body of hyoid bone via an intermediate tendon.	Elevates hyoid bone and depresses mandible, as in opening the mouth.

Movements of head and neck:

Sternocleidomastoid	(Accessory Nerve)	**O:** **I:**	Sternum and clavicle. Mastoid process of temporal bone.	Acting together (bilaterally), flex cervical portion of vertebral column and extend head; acting singly (unilaterally), laterally flex and rotate head to side opposite contracting muscle.
Splenius capitis	(Cervical Spinal Nerves)	**O** **I**	Ligamentum nuchae, spinous process of seventh cervical vertebra, 1 - 4 thoracic vertebra mastoid process	Acting together, extend head; acting singly, laterally flex and rotate head to same side as contracting muscle.
semispinalis capitis	(Cervical Spinal Nerves)	**O** **I**	Transverse processes of 1 - 7 thoracic vertebra Occipital bone	Bilaterally: Extension of head. Unilaterally: Lateral flexion of head.
Semispinalis cervicis	(Cervical Spinal Nerves)	**O** **I**	Transverse processes of superior five or six thoracic vertebra Spinous processes of 1 -5 cervical vertebra	Bilaterally: Extension of spine. Unilaterally: Lateral flexion of spine.
Longissimus capitis	(Cervical Spinal Nerves)	**O** **I**	Transverse processes of superior five or six thoracic Mastoid process	Bilatrerally: Extension of head Unilaterally: Rotate head to same side as muscle
Longissimus cervicis	(Cervical Spinal Nerves)	**O** **I**	Transverse processes of 4th and 5th thoracic vertebra Transverse processes of 2 - 6 cervical vertebra	Bilaterally: Extension of spine. Unilaterally: Lateral flexion of spine.

Iliocostalis cervicis	(Cervical and Thoracic Spinal nerves)	**O** **I**	superior 6 ribs Transcerse processes of 4th -6th cervical vertebra	Bilaterally: Extension of spine. Unilaterally: Lateral flexion of spine.

Muscles of the Pectoral Girdle Associated with the Neck

Levator scapulae	(Dorsal scapular nerve)	**O:** **I:**	Superior four or five cervical vertebrae. Superior vertebral border of scapula.	Elevates scapula and rotates in downward.
Trapezius	(Accessory nerve and C3 - C5)	**O:** **I:**	Superior nuchal line of occipital bone, ligamentum nuchae, and spines of seventh cervical and all thoracic vertebrae. Clavicle and acromion and spine of scapula.	Elevates, depresses and adducts scapula; extends. head, Stabilizes scapula and rotates it upwards.
Scalene Mucels				
Anterior	Cervical nerves C4 - C6	**O:** **I:**	Transverse processes of C3 to C6 vertebra Upper surface of 1st rib	Flexion of the neck, Assists in elevation of 1st rib
Middle	Cervical nerves C4 - C8	**O:** **I:**	Transverse processes of C2 to C7 vertebra Upper surface of 1st rib	Lateral flexion of the neck, Assists in elevation of 1st rib
Posterior	Cervical nerves C6 - C8	**O:** **I:**	Transverse processes of C4 to C6 vertebra Outer surface of 2nd rib	Lateral flexion of the neck, elevation of 2nd rib